



# Daily

# AFFIRMATIONS



I am confident and comfortable in my own skin

I'm so grateful for all of the adventures I experience daily

I have released my attachment to the desires of the ego

I am the best version of myself

I welcome opportunities to learn and grow

I'm grateful for my healthy and strong body

I love that my talents bring me success and joy

I am surrounded by positive and happy people who support me

I am co-creating with the universe

Wealth, love and happiness are abundant in my life

I am confident and loved

